

# Centre de Villegiature Jouvence

BY ROCHELLE LASH, SPECIAL TO THE GAZETTE SEPTEMBER 6, 2010



Jouvence adds up to great value with healthy, hearty food and unlimited activities with trained staff.

**Photograph by:** Guillaume Nadeau, courtesy of Jouvence

---

Editor's note: Some of the details might have changed since the original publication date. Please check with the establishment before heading out!

Original publication date: Feb. 18, 2010

ORFORD – The goal at Centre de Villégiature Jouvence is to have guests commune with nature, resort-style. That means lots of fresh air and beautiful untamed surroundings mixed with sports and family games.

Jouvence is an all-inclusive resort in Parc National du Mont Orford's outdoor paradise of mountains, forests and lakes. It's a resort with many differences. Along with Auberge de Montagne des Chic-Chocs in the Gaspé, Jouvence is one of two privileged lodges to operate in the protected near-wilderness of a Quebec provincial park.

Jouvence, which is non-profit, is managed by a local board of directors who have built up the resort from a teen camp in the 1960s to a year-round vacation spot with an appealing, earthy look and feel.

Jouvence adds up to great value with attractive, unpretentious accommodations in a mountain setting, lots of healthy, hearty food and unlimited activities with trained counsellors and all equipment supplied.

"It's Club Med à la Québécoise," said Jean-Simon Belisle, Jouvence's marketing manager. "People can go from activity to activity, non-stop, trying anything they want. Friendships are made and, after a few days, there are no more dinner tables of two and four. Everyone gets together."

Jouvence has three different lodging choices.

