

Détour Nature

BY ROCHELLE LASH, SPECIAL TO THE GAZETTE SEPTEMBER 6, 2010



Détour Nature will head to Mount Washington at month's end, with accommodations at the Joe Dodge Lodge.

Pursuing your favourite adventure sport is thrilling and rejuvenating, but getting there can be tiresome and draining. It might be time for a new, sweet ride.

The travel professionals at Détour Nature take the hassle out of organizing complex sporting trips, so that you head for the hills in the company of comrades and you leave the hassle of driving to someone else.

Détour Nature is one-stop shopping for adventures in the great outdoors. The company plans itineraries for about 50 day trips and 12 overnight trips each winter, complete with guides and transportation. The sports are set up for all levels of athletes.

Trips are scheduled for cross-country skiing at Mont Mégantic on Saturday, St. Donat on Dec. 19 and Sutton en Haut on Dec. 20. If the snow conditions are questionable, Détours Nature will make a final decision about the outing the Wednesday prior to the date, and will offer a refund or full credit for paid deposits if the trip is cancelled.

More cross-country ski destinations are planned from January to March and include Mont Orford Park, Station touristique Duchésnay northeast of Quebec City, Mauricie National Park and Mont Ste. Anne's outstanding 208-kilometre network of trails, the second largest in North America.

"The snowshoe treks can be more advanced than the ski trips," said Marie-Josée Beaudoin, director of Détour Nature. "Snowshoeing often is more cardio-intensive because we head for the mountains in the High Peaks Region of the Adirondacks around Keene Valley in New York state, and also to Mount Mansfield and Camel's Hump in Vermont and to Mount Lafayette and Mount Liberty in New Hampshire. "

Détour Nature will celebrate the holidays at the ultimate mountain, Mount Washington in New

